



**Ready, Set,  
Learn**

**Study skills**

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# Where do I begin?

- Schedule daily/weekly study time
- Attend class before the test to review
- Use study cards
- Anticipate test questions to focus on for studying
- Work on understanding basic ideas rather than just memorizing
- Review your notes

# When to Review

- 1<sup>st</sup> Review – immediately after received
- 2<sup>nd</sup> Review – later the same day
- 3<sup>rd</sup> Review - at regular times during the week
- 4<sup>th</sup> Review – before a test, or once a month( whichever comes first)

# Preparing to Study

- Study in a place conducive to studying
- Arrange not to be disturbed
- Take charge of minimizing internal distractions
- Don't procrastinate – strategies to motivate
- Schedule breaks
- Schedule during peak periods

# Strategies

- Focus on charts, examples and diagrams
- Ask if you need clarification
- Review previous tests
- Quiz yourself/join a study group
- Use study groups wisely

# Ways to Review

- Survey the content to be reviewed
- Read each section slowly, underlining key words, phrases
- Rehearse the material – reading, talking, thinking
- Complete chapter review ?'s
- Vary your approach with each review
- Quiz yourself – join study groups

# Reading to Learn

- Prepare the mind to think – intend to learn
- Survey the material then develop ??'s
- Read carefully – underline/highlight
- Rehearse material – writing, talking, thinking, visualizing, cue cards
- Make brief notes in your own words
- Note what is not understood
- Vary approach each time

# Ways to Improve your Memory

- Consciously intend to remember what you are learning
- Create an active interest
- Be selective – you can't remember everything
- Get it right the first time, harder to relearn the information that was not learned correctly
- Use your peak times – short study periods



# Ways to Improve your Memory

- Work for understanding – put ideas in your own words
- Learn basics thoroughly
- Organize material
- The more you learn, the more you are able to learn
- Write it down – repetition
- Recite and repeat often

# Personality Spectrum

- Learn more about your learning style
- Check out our Loyalist Plan for Success online assessment tool at:

[www.loyalistplanforsuccess.com](http://www.loyalistplanforsuccess.com)