

APPENDIX B FIT FOR DUTY CHECKLIST & INVESTIGATION

There are many sources of potential impairment, including fatigue, life stresses, use of drugs (over the counter, prescription, illicit), consumption of alcohol.

Regardless of the cause, members of the Loyalist College community are expected to report 'fit' for duty. Each member of the College community must take all steps reasonable for the protection of the individual, students, workers, the environment, and College property.

If you suspect a person to be impaired, report it to the individual who is responsible for the work activity. An investigation will follow.

When determining 'fit for duty', consider:

- Is something different than normal with this person?
- Do I know this person well enough to assess normal vs. abnormal behaviour?
- Is there anything going on in the work environment that could explain it?
- Is anyone else affected?
- Is the safety of this person and/or others affected by the behaviour?
- Does the person have the ability to perform his/her job safely?
- What is the risk of harm?
- Do the person's actions cause disruption that interferes with the working environment?

POSSIBLE ACTIONS: Based on the behaviour of the person and associated risk, you may:

- call 911;
- call the campus Security emergency number (x2222);
- call the campus non-emergency Security number (x2316);
- contact the most responsible manager/supervisor;
- contact OH&S (x2418)

COMPLETING THE INVESTIGATION:

The person completing this investigation must remain judgment-free and refrain from voicing personal opinions around drug, alcohol or other substance use.

The privacy and confidentiality of this information will be maintained throughout the process, and only shared with those parties deemed necessary for purposes of investigation and appropriate follow-up.

Completed form is to be submitted to the OH&S Co-ordinator.

Employee Name:						
Program/Department:						
Date of Incident:						
Description of Incident:						
OBSERVATIONS:						
BEHAVIOUR	□Nervous		☐Insulting		☐ Sleepy/fatigued	
	☐ Exaggerated politeness		☐ Confusion	□Cd	☐Combative/quarrelsome	
	□Excited		□Paranoia	□Ha	☐ Hallucinations	
	□Uncooperative		☐Overly talkative	□In	appropriate responses	
	OTHER (please describe):					
UNUSUAL	□Sweating		☐Slow reactions ☐			
ACTIONS	☐Quick movi	ng			ghting	
	OTHER (please describe):					
SPEECH	□Slurred		□Slow	□с	□ Confused	
	□Thick		Rambling	□Pr	□Pressured	
	OTHER (please describe):					
	,					
MOTOR SKILLS	□Falling		☐Staggering/Unstea	dy □St	□Stumbling	
	□ Needs support		□Unsure		☐ Compromised fine motor skills	
	OTHER (please describe):					
WORK	☐ Frequent errors ☐ Frequent lateness		☐Safety infraction	S	☐ Lack of focus, apathy	
PERFORMANCE			☐Frequent absent	eeism	☐Poor memory	
	-					
Witness/others involved:						
Companying an aption	Qt					
Supervisor actions & next steps:						
Outcome:						
Planned follow-up:						
SUBMITTED BY:						
		please print		Signature		
DATE:						
(adapted from CCC)	Manhalas - Chini	des Distraction	nium and fua na Carres alais.			
(adapted from CCOHS	workplace Strateg	iles: Risk of imp	airment from Cannabis)			